



## You're Invited to a Physician CME, Nurse and Registered Dietitian CE Group Viewing Event

### Diagnosing Food Allergies in Infants and Children

**Jonathan Spergel, MD, PhD**, reviews the diagnosis of food allergies and the role of the primary care clinician within the process. Dr. Spergel discusses the importance of a clinical history and physical exam; diagnostic strategies for IgE-mediated food allergies, including skin prick tests, serum IgE testing, and food challenges; strategies and indications for referral to an allergist; unproven or disproven food allergy tests; and future diagnostic tools.

|                              |       |
|------------------------------|-------|
| <b>Date</b>                  | _____ |
| <b>Time</b>                  | _____ |
| <b>Location</b>              | _____ |
| <b>Organized by</b>          | _____ |
| <b>For more info contact</b> | _____ |

After viewing, go to <https://pnce.org/gv/59033> to complete a short assessment and get your certificate.

#### Accreditation and Certification

The Annenberg Center for Health Sciences at Eisenhower is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### Credit Designation-Enduring Material

The Annenberg Center for Health Sciences at Eisenhower designates this enduring material for a maximum of 1.0 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Annenberg Center for Health Sciences is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

A maximum of 1.0 contact hour may be earned for successful completion of this activity.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.0 contact hour.

Annenberg Center for Health Sciences at Eisenhower is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material.

Provider number: AC857

Activity number: 164914

#### Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Evaluate test methods for detection and diagnosis of food allergy
- Incorporate diagnostic test results to manage food allergies