

ON-DEMAND VIEWING

pnce.org/LGG



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Free CE/CME course—archived presentation.

The Probiotic LGG® and Its Benefits to the Immune System

Presented by Faye K. Ghishan, MD

Renowned professor of pediatric gastroenterology and nutrition, and endowed chair in pediatric research, **Faye K. Ghishan, MD**, discusses the important role gastrointestinal microbiota plays in the development of immune function. The properties of probiotics are strain-dependent and are not all formulated the same. Dr. Ghishan discusses the mechanisms and other factors that influence probiotics' clinical benefit to gut health and the immune system of newborns. He explains the unique properties of the probiotic strain *Lactocaseibacillus rhamnosus* GG and its impact on tolerance to cow's milk protein. Dr. Ghishan also reviews the most recent and pertinent studies of LGG®, while discussing the role of LGG® in the future of allergy management.

Learning Objectives

- Describe the role GI microbiota plays in the development of immune function
- Discuss the importance of strain-specific identification among probiotics, focusing on *Lactocaseibacillus rhamnosus* GG
- Assess long-term outcomes and benefits associated with *Lactocaseibacillus rhamnosus* GG

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Activity Format

This activity is an online enduring material. Successful completion is achieved by reading and/or viewing the material, reflecting on its implications in your practice, and completing the assessment component.

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