

ON-DEMAND VIEWING

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Free CE course

**Nutritional Care of Preterm Infants:
New International Guidelines**

Presented by Berthold Koletzko, MD, PhD, at Miami Neonatology 2022

Dr. Koletzko defines recommended nutrient intakes to meet individual physiological requirements for growth, health, and development of preterm infants based on scientific evidence presented in the new guidelines for preterm nutrition. He shares insights to identify preterm infants who benefit from parenteral nutrition from day one, more amino acids and phosphorus, and early provision of lipid emulsions. Dr. Koletzko highlights protein needs and sources, while prioritizing mother's own milk with sufficient fortification. He also emphasizes the many benefits of DHA and arachidonic acid and the need for supplementation.

Learning Objectives

- Define adequate nutrient intakes to meet physiological requirements for growth, health, and development in the individual preterm infant
- Recognize the importance of early introduction of nutrition in preterm infants through fortification of human milk formula that includes DHA and ARA



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Activity Format

This activity is an online enduring material. Successful completion is achieved by reading and/or viewing the material, reflecting on its implications in your practice, and completing the assessment component.

Commission on Dietetic Registration
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Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU). If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU). RDs and DTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.

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