

ON-DEMAND VIEWING

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Free CE course

Early Metabolic Programming of Growth and Long-Term Health

Presented by Berthold Koletzko, MD, PhD, at Miami Neonatology 2022

Dr. Koletzko explains how early nutrition impacts growth and later health. He reviews evidence showing how the risk of obesity is influenced through infant feeding. Dr. Koletzko also explores underlying metabolic mechanisms and how to better implement early nutrition practices to achieve greater long-term benefits for the child and public health.

Learning Objectives

- Recognize the implications and long-term outcomes of rapid, early weight gain after birth
- Recognize how a longer duration of breastfeeding modulates growth and body composition, as well as later health, performance, and disease risk



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The Annenberg Center designates this activity for a maximum of 0.5 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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Provider is approved by the California Board of Registered Nursing, Provider #13664, for 0.5 contact hour. *To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.*

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 0.5 continuing professional education unit (CPEU) for completion of this program/material.

Activity Format

This activity is an online enduring material. Successful completion is achieved by reading and/or viewing the material, reflecting on its implications in your practice, and completing the assessment component.

Commission on Dietetic Registration
Academy of Nutrition and Dietetics

Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU). If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU). RDs and DTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.

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