

You're Invited to a Healthcare Professional CE Group Viewing Event

Redesigning Postdischarge Nutrition in the NICU

Dr. Tara Bastek and Dr. Ian Griffin provide detailed information to underscore the significance of proper nutritional intake in the NICU. They review the latest nutrient intake recommendations, and define optimal growth as an infant transitions from parenteral to enteral nutrition during the course of acute, convalescent, and discharge phases, with specific feeding strategies during each. Individualized formula fortification strategies are also discussed to help parents and providers follow prescribed feeding plans to optimize long-term outcomes.

Date	_____
Time	_____
Location	_____
Organized by	_____
For more info contact	_____

After viewing, go to <https://pnce.org/gv/60075> to complete a short assessment and get your certificate.

Target Audience

This activity was developed for pediatric physicians, nurses, registered dietitians, advanced practice clinicians, and other healthcare providers who have an interest in newborns, infants, and toddlers.

Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Link nutrient intake recommendations for growing preterm infants with expected growth
- Describe the latest evidence supporting preterm infant convalescent and discharge nutrition
- Review novel approaches to convalescent and discharge feeds when a preterm infant is designated as at risk for growth failure or micronutrient deficiencies
- Customize nutritional interventions to help close the growth failure gap in the NICU and at discharge



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The Annenberg Center designates this enduring material for a maximum of 1.0 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Annenberg Center designates this enduring activity for a maximum of 1.0 American Nurses Credentialing Center (ANCC) contact hour.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.0 contact hour. *To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.*

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material.

 <p>Commission on Dietetic Registration the credentialing agency for the Academy of Nutrition and Dietetics</p>	<p>Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU). If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU). RDs and DTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.</p>
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