

You're Invited to a Healthcare Professional CE Group Viewing Event

Variations in the Nutritional Content of Human Milk

Human milk composition is dynamic and varies according to maternal, perinatal, and environmental factors. Human milk is the preferred enteral feeding for preterm infants, and careful planning is required to optimize nutrient delivery. **Brian Stansfield, MD**, addresses the compositional differences between mother's own milk and donor milk, and between preterm and term human milk. In addition, considerations for optimizing human milk through various fortification strategies will be reviewed to ensure preterm infants are receiving recommended levels of key macro- and micronutrients.

Date	_____
Time	_____
Location	_____
Organized by	_____
For more info contact	_____

After viewing, go to <https://pnce.org/gv/60120> to complete a short assessment and get your certificate.

Target Audience

Developed to support clinicians working in the NICU, including physicians, physician associates, advanced practice clinicians, nurses, and dietitians.

Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Discern what is known or not known about the nutritional composition of human milk
- State general nutritional expectations associated with mother's own milk and donor milk
- Apply critical assessment to the planned feeding strategy for a preterm infant



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The Annenberg Center designates this enduring material for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.0 contact hour. *To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.*

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material.



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is collaborating with the
Academy of Nutrition and Dietetics

Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU). If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU). RDs and DTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.