

ON-DEMAND VIEWING

pnce.org/NICU-Milk-Composition



Free continuing education course

Applying New Learnings on Human Milk Composition to Clinical Practice in the NICU

Presented by Fernando R. Moya, MD, and Brian K. Stansfield, MD
with Jennifer Fowler, MS, RDN, LDN, and Michaela Berroya, RNC, MSN Ed

During this presentation, expert faculty will provide an overview of recent updates to neonatal nutrition guidelines, with an emphasis on the differences from prior editions. You will then learn about the importance of optimizing nutrition in preterm infants and the benefits of an evidence-based approach to human milk fortification. A variety of strategies for achieving these goals will be reviewed, including individualized supplementation of select macro- and micronutrients. A multidisciplinary panel will then discuss ways in which NICU teams can apply best practices to neonatal nutrition, including recommendations for optimizing cross-functional communication, family education, discharge planning, and follow-up.

Learning Objectives

By participating in this course, you will better:

- Understand the typical nutrient profile of preterm, term, and donor human milk
- Assimilate new learnings from human milk research on the nutrient composition of human milk, including its variability, dynamicity, and factors that influence its components
- Provide improved growth and nutrition-related outcomes to premature infants, leveraging the variety of human milk fortification strategies available
- Evaluate the role of the healthcare team in optimizing nutrition to support growth and development



In support of improving patient care, Annenberg Center for Health Sciences at Eisenhower (Annenberg Center) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The Annenberg Center designates this activity for a maximum of 2.0 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Annenberg Center designates this activity for a maximum of 2.0 American Nurses Credentialing Center (ANCC) contact hour.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 2.0 contact hour. *To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.*

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 2.0 continuing professional education unit (CPEU) for completion of this program/material. Registered Dietitians and Dietetic Technicians are to select activity type 102 on Professional Development Portfolio (PDP) activity logs.



This activity was planned by and for the healthcare team, and learners will receive 2.0 Interprofessional Continuing Education (IPCE) credits for learning and change.

Activity Format

This activity is an online enduring material. Successful completion is achieved by reading and/or viewing the materials, reflecting on its implications in your practice, and completing the assessment component.

You can view and print a certificate when you successfully complete the course, and pass the posttest. Your certificate will be tracked in your account profile.

Sponsored by



Supported by an educational grant from
Mead Johnson Nutrition