

You're Invited to a Healthcare Professional CE Group Viewing Event

Early Life Feeding Choices and the Allergic March

Jenifer Lightdale, MD, MPH, begins by reviewing the epidemiology of the allergic march, with an emphasis on its etiology and contributing factors. She then discusses the nutritional strategies that may help prevent the progression of the allergic march, reducing the risk of the development of food allergy. Topics include early feeding choices (eg, breastmilk, formula options), microbiome support, and early introduction of complementary foods. Dr. Lightdale concludes with a brief review of methods for inducing tolerance in patients who do develop cow's milk protein allergy and other food allergies, with a focus on tolerance induction with food allergen ladders and immunotherapy.

Date	_____
Time	_____
Location	_____
Organized by	_____
For more info contact	_____

After viewing, go to <https://pnce.org/gv/60420> to complete a short assessment and get your certificate.

Target Audience

This education was developed to support pediatricians, pediatric nurses, dietitians, and other healthcare providers who treat infants and children.

Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Describe the recent evidence on strategies for allergy risk reduction, management, and tolerance induction
- Outline the long-term impacts to food allergy, highlighting the psychological, psychosocial, and financial disease burden for patients and their families
- Differentiate the appropriate application of various feeding options, including a variety of infant formulas and probiotics, to reduce the risk of allergic development and/or manage existing allergies



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In support of improving patient care, Annenberg Center for Health Sciences at Eisenhower (Annenberg Center) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The Annenberg Center designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Annenberg Center designates this live activity for a maximum of 1.0 American Nurses Credentialing Center (ANCC) contact hour, including 0.5 nursing pharmacology hour.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.0 contact hour. *To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.*

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material.

Registered Dietitians and Dietetic Technicians are to select activity type 102 on Professional Development Portfolio (PDP) activity logs.



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