

ON-DEMAND VIEWING

pnce.org/Early-Feed-Allergic-March



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Free CE course—archived presentation.

Early Life Feeding Choices and the Allergic March Presented by Jenifer Lightdale, MD, MPH

Dr. Lightdale begins by reviewing the epidemiology of the allergic march, with an emphasis on its etiology and contributing factors. She then discusses the nutritional strategies that may help to prevent the progression of the allergic march, reducing the risk of the development of food allergy. Topics include early feeding choices (eg, breastmilk, formula options), microbiome support, and early introduction of complementary foods. She concludes with a brief review of methods for inducing tolerance in patients who do develop cow's milk protein allergy and other food allergies, with a focus on tolerance induction with food allergen ladders and immunotherapy.

Learning Objectives

- Describe the recent evidence on strategies for allergy risk reduction, management, and tolerance induction
- Outline the long-term impacts to food allergy, highlighting the psychological, psychosocial, and financial disease burden for patients and their families
- Differentiate the appropriate application of various feeding options, including a variety of infant formulas and probiotics, to reduce the risk of allergic development and/or manage existing allergies



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Activity Format

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