

Early Life Feeding Choices and the Allergic March

Clinical Resources

Nutritional Strategies for Allergy Prevention: Clinician Resources

National Institute of Allergy and Infectious Diseases (NIAID) Addendum Guidelines for Prevention of Peanut Allergy:

<https://www.niaid.nih.gov/sites/default/files/addendum-peanut-allergy-prevention-guidelines.pdf>

North American Consensus Approach to Primary Prevention of Food Allergy Through Nutrition:

[www.aaaai.org/Aaaa/media/Media-Library-PDFs/Allergist%20Resources/Statements%20and%20Practice%20Parameters/A-Consensus-Approach-to-the-Primary-Prevention-of-Food-Allergy-Through-Nutrition-Jan-21-\(1\).pdf](http://www.aaaai.org/Aaaa/media/Media-Library-PDFs/Allergist%20Resources/Statements%20and%20Practice%20Parameters/A-Consensus-Approach-to-the-Primary-Prevention-of-Food-Allergy-Through-Nutrition-Jan-21-(1).pdf)

Food Allergy Research & Education (FARE) Food Allergy Prevention Resources and Tools:

<https://foodallergyprevention.org/for-clinicians/>

American Academy of Pediatrics (AAP) clinical report on early nutritional interventions for allergy prevention:

<https://publications.aap.org/pediatrics/article/143/4/e20190281/37226/The-Effects-of-Early-Nutritional-Interventions-on>

Early Allergen Introduction: Parent Resources

Food Allergy Research & Education (FARE) Baby's First site on food allergy risk and complementary food introduction:

<https://www.babysfirst.org/>

Food Allergy Research & Education (FARE) Food Allergy Prevention resources and tools:

<https://foodallergyprevention.org/for-parents/>

Prevent Allergies early introduction recipes:

<https://www.preventallergies.org/recipes>

Cow's Milk and Specialty Formula Resources

Cincinnati Children's Guide to Formula Equivalents:

<https://www.cincinnatichildrens.org/-/media/Cincinnati-Childrens/Home/news/2022/guide-to-formula-equivalents.pdf>

Cincinnati Children's Navigating the Formula Shortage handout:

<https://www.cincinnatichildrens.org/-/media/Cincinnati-Childrens/Home/news/2022/navigating-the-formula-shortage.pdf>