

Trends in the Clinical Management of Food Allergy

Clinical Resources

Guidelines and Resources for Healthcare Providers

Prevention of food allergy through nutrition:

A Consensus Approach to the Primary Prevention of Food Allergy Through Nutrition: Guidance from the American Academy of Allergy, Asthma, and Immunology; American College of Allergy, Asthma, and Immunology; and the Canadian Society for Allergy and Clinical Immunology (Fleischer et al, 2021)

[https://www.jaci-inpractice.org/article/S2213-2198\(20\)31211-3/fulltext](https://www.jaci-inpractice.org/article/S2213-2198(20)31211-3/fulltext)

Diagnosis and management of food allergy:

Guidelines for the Diagnosis and Management of Food Allergy in the United States: Report of the NIAID-Sponsored Expert Panel (2010)

[https://www.jacionline.org/article/S0091-6749\(10\)01566-6/fulltext](https://www.jacionline.org/article/S0091-6749(10)01566-6/fulltext)

Managing food allergy:

Managing food allergy: GA²LEN guideline 2022 (Muraro et al, 2022)

[https://www.worldallergyorganizationjournal.org/article/S1939-4551\(22\)00063-1/fulltext](https://www.worldallergyorganizationjournal.org/article/S1939-4551(22)00063-1/fulltext)

Dietary management of food allergy:

Dietary Management of Food Allergy (Durban et al, 2021)

<https://www.sciencedirect.com/science/article/abs/pii/S0889856121000096?via%3Dihub>

Tools for Healthcare Providers

Cincinnati Children's Food Allergy Clinical Support Tool:

<https://www.cincinnatichildrens.org/-/media/cincinnati%20childrens/home/professional/resources/community%20practice%20tools/allergy/cpst-2293-ige-mediated-food-allergy.pdf?la=en>

Food Allergy Canada: Resources and Tips:

<https://foodallergycanada.ca/tools-and-downloads/downloads/information-sheets/>

Nationwide Children's Practice Tool: Preventing Peanut Allergy:

<https://www.nationwidechildrens.org/-/media/nch/for-medical-professionals/practice-tools-new/preventing-peanut-allergy.ashx>

Nationwide Children's Practice Tool: Diagnosing Food Allergy in Children:

<https://www.nationwidechildrens.org/-/media/nch/for-medical-professionals/practice-tools-new/diagnosing-food-allergy-in-children.ashx>

Resources for Families

American Academy of Allergy, Asthma & Immunology: Food Allergy Stages Handouts:

<https://www.aaaai.org/tools-for-the-public/conditions-library/allergies/food-allergy-stages-handouts>

CDC: Managing Food Allergies in School

https://www.cdc.gov/healthyschools/foodallergies/pdf/20_316712-E_FA_resources_508tagged.pdf

University of Michigan Health: Resources for Food Allergy Patients & Families:

<https://www.mottchildren.org/conditions-treatments/food-allergy/resources/community-education>