

You're Invited to a Healthcare Professional CE Group Viewing Event

Preterm Nutrition Through Discharge: A Case-Based Challenge

Tara Bastek, MD, MPH, and pediatric nutrition specialist, **Karen Varga, RD, LDN, CNSC**, provide detailed information to underscore the significance of proper nutritional intake in the NICU. During this review, interactive cases track preterm infants through the NICU to discharge, presenting challenges and solutions that focus on the latest nutrient intake recommendations, and overcoming the potential for mid-growth failure while transitioning from parenteral to enteral nutrition during acute, convalescent, and discharge feeding phases. The cases address how to assess growth during significant transition phases or backfill growth with micronutrients. Individualized formula fortification strategies are also discussed to help parents and providers follow prescribed feeding plans to optimize long-term outcomes.

Date

Time

Location

Organized by

For more info contact

After viewing, go to <https://pnce.org/gv/60502> to complete a short assessment and get your certificate.

Target Audience

This education was developed to support pediatric physicians, nurses, advanced practice clinicians, dietitians, and other healthcare providers who have an interest in newborns, infants, and toddlers.

Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Link nutrient intake recommendations to the expected growth for preterm infants
- Apply the latest evidence supporting preterm infant convalescent and discharge nutrition
- Recommend novel approaches to convalescent and discharge feeds when a preterm infant is designated as at risk for growth failure or micronutrient deficiencies
- Customize nutritional interventions to help close the growth failure gap in the NICU and at discharge



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The Annenberg Center designates this live activity for a maximum of 1.25 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Annenberg Center designates this live activity for a maximum of 1.25 American Nurses Credentialing Center (ANCC) contact hour.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.25 contact hour. *To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.*

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.25 continuing professional education unit (CPEU) for completion of this program/material.

Registered Dietitians and Dietetic Technicians are to select activity type 102 on Professional Development Portfolio (PDP) activity logs.



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