

ON-DEMAND VIEWING

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Free CE course

## Very Preterm Infant Nutrition: Parenteral vs Enteral

Presented by Sarah N. Taylor, MD, MSCR, at Miami Neonatology 2023

Neonatal nutrition expert, Sarah N. Taylor, MD, MSCR, underscores the importance of supplementing very preterm infants with nutrients that parenteral and enteral nutrition may not adequately provide. Dr. Taylor reviews current evidence about specific micronutrient recommendations and potential doses for supplementation. She reviews the role of human milk in decreasing the potential for common complications of prematurity, and shares tools for supporting maternal milk expression.

### Learning Objectives

- Recognize essential nutrients that may require supplementation for very preterm infants
- Apply new guidelines and evidence-based recommendations around the initiation and advancement of parenteral and enteral nutrition
- Utilize published data on the clinical outcomes associated with human milk, donor milk, and premature formulas in clinical decision-making for enteral feedings



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The Annenberg Center designates this activity for a maximum of 0.5 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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Provider is approved by the California Board of Registered Nursing, Provider #13664, for 0.5 contact hour. *To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.*

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material. Registered Dietitians and Dietetic Technicians are to select activity type 102 on Professional Development Portfolio (PDP) activity logs.

### Activity Format

This activity is an online enduring material. Successful completion is achieved by reading and/or viewing the material, reflecting on its implications in your practice, and completing the assessment component.

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